


"Lunch with Us" January 2019 Menu

		1 New Year's Day! (Observed)	2 -Spaghetti & Meatballs -Mixed Salad Greens w/ Chick Peas -French Bread -Warm Peach Cobbler	3 -Chopped Steak & Gravy -Mashed Potatoes -Cauliflower & Red Peppers -Mandarin Oranges -Chef's Choice	4 -Citrus Alaska Pollock -Vegetable Rice Pilaf -Northern Bean & Tomato Medley -Multi-Grain Dinner Roll -Mixed Salad Greens -Fresh Melon	5
6	7 -Hot Roast Beef -Mashed Potatoes w/ Gravy -Northwest Blend Medley -Wheat Bread -Fresh Orange	8 -BBQ Riblet -Oven Fries -Mixed Salad Greens -Wheat Sandwich Bun -Warm Cinnamon Apples -Chef's Choice	9 -Turkey Divan -Vegetable Rice Pilaf -Broccoli -Chef's Fruit -Biscuit -Oatmeal Raisin Cookie	10 -Western Strata Bake -Hash Browned Potatoes -Maple Glazed Pears -Raisin Bread -Cranberry Juice -Banana	11 -Chicken Breast Parmesan -Penne Pasta Marinara -Squash Medley -French Bread -Chilled Peaches	12
13	14 -Sliced Bavarian Style Bratwurst -Diced Parslied Potatoes -Carrots -Rye Bread -Fresh Melon	15 -Chicken Chardonnay -Mashed Potatoes -Peas & Carrots -Wheat Bread -Pineapple Orange Salad -Apple Bar	16 -Texas Chili -Mac & Cheese -Country Blend Vegetables -Corn Bread -Fruit Cocktail	17 -Veal Marsala -Scalloped Potatoes -Stewed Tomatoes -Multi-Grain Dinner Roll -Chilled Pears -Beet Salad	18 -Potato Crusted Fish Filet -Baked Potato -California Blend -Wheat Bread -Lemon Mandarin Pudding	19
20	21 -Slow Roasted Beef w/ Gravy -Mashed Potatoes -Brussels Sprouts -Multi-Grain Bread -Chilled Pears -Ranger Cookie	22 -Buttermilk Pancakes -Breakfast Sausage -Glazed Apples -Orange Juice -Banana -Fresh Melon	23 -Spaghetti & Meatballs -Chef's Choice Vegetable -Garlic Bread -Chilled Peaches *Off-Site @ First United Methodist Church	24 -Chicken Tenders w/ Gravy -Bread Stuffing -Sweet Mashed Potatoes -Northwest Blend -Cran-Applesauce -Pea Salad	25 -Cheese Ravioli Alfredo -Zucchini w/ Red Peppers -Italian Green Beans -Multi-Grain Dinner Roll -Fruit Cup -Cookie	26

27	28	29	30	31		 Center of Concern
	-Baked Meatloaf w/ Gravy -Cauliflower Mashed Potatoes -Peas & Onions -Whole Wheat Roll -Pineapple Tid Bits	-Fish Sandwich -Baked Potato -Carrot Raisin Coleslaw -Wheat Sandwich Bun -Warm Peach Crumble -Chef's Choice	-BBQ Chicken Thigh -Oven Fries -Green Beans & Onions -Wheat Bread -Fruit Jello	-Cheese Omelette -Biscuit & Sausage Gravy -Apple Juice -Fruit Yogurt -Fresh Orange		

The Center of Concern does not discriminate in admission to programs or activities or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act, Title VI of the U.S. Civil Rights Act, as amended; Title VII of the U.S. Civil Rights Act, as amended; Section 504 of the Rehabilitation Act, as amended; the Age Discrimination Act, as amended; the Age Discrimination in Employment Act, as amended; their applicable rules and regulations pursuant thereto; the Constitution of the United States, and the Illinois Constitution.