


**"Lunch with Us" March 2019 Menu**

					1 -Potato Crusted Fish Filet -Baked Potato -California Blend -Wheat Bread -Lemon Mandarin Pudding	2
3	4 -Slow Roasted Beef -Mashed Potatoes & Gravy -Brussels Sprouts -Multi-Grain Bread -Chilled Pears -Ranger Cookie	5 -Buttermilk Pancakes -Breakfast Sausage -Glazed Apples -Orange Juice -Banana -Fresh Melon	6 -Classic Lasagna -Chef's Choice Vegetable -Garlic Bread -Three-Bean Salad -Chilled Peaches	7 -Chicken Tenders w/ Country Gravy -Bread Stuffing -Sweet Mashed Potatoes -Northwest Blend -Cran-Applesauce -Pea Salad	8 -Cheese Ravioli Alfredo -Zucchini w/ Red Peppers & Onions -Italian Green Beans -Multi-Grain Roll -Fruit Cup -Cookie	9
10	11 -Baked Meatloaf w/ Country Gravy -Cauliflower Mashed Potatoes -Peas & Onions -Whole Wheat Roll -Pineapple Tidbits	12 -Fish Sandwich -Baked Potato -Carrot Raisin Salad -Wheat Sandwich Bun -Warm Peach Crumble -Chef's Choice <b>*Off-Site @ First United Methodist Church</b>	13 -BBQ Chicken Thigh -Oven Fries -Green Beans & Onions -Wheat Bread -Fruit Jello	14 -Cheese Omelet -Biscuit & Gravy -Apple Juice -Fruit Yogurt -Fresh Orange	15 -Irish Stew -Whole Irish Potatoes -Steamed Cabbage -Dinner Roll -Leprechaun Pistachio Pudding	16
17	18 -Pork Roast w/ Cinnamon Apples -Au Gratin Potatoes -Peas & Carrots -Wheat Bread -Pumpkin Bar	19 -Cheddar Broccoli Chicken Rice Casserole -Cauliflower -Whole Wheat Roll -Warm Pear & Cranberry Crumble -Pea Salad	20 -Salisbury Steak w/ Gravy -Mashed Potatoes -Harvard Beets -Multi-Grain Dinner Roll -Pineapple Tidbits	21 -Hot Dog -Oven Fries -Country Blend Vegetables -Wheat Bun -Banana -Fresh Melon	22 -Classic Lasagna -Broccoli -Chef's Choice Vegetable -Wheat Bread -Oatmeal Raisin Cookie	23
24	25 -Roast Turkey & Gravy -Baked Sweet Potatoes -Mixed Vegetables -Bread Stuffing -Chef's Fruit	26 -Shaved Pork w/ Mediterranean Sauce -Scalloped Potatoes -Brussels Sprouts -Multi-Grain Bread -Apple Sauce -Ambrosia Fruit Custard	27 -Spaghetti & Meatballs -Mixed Salad Greens w/ Chick Peas -French Bread -Warm Peach Cobbler	28 -Chopped Steak -Mashed Potatoes and Gravy -Cauliflower & Red Peppers -Wheat Bread -Mandarin Oranges	29 -Citrus Alaskan Pollock -Vegetable Rice Pilaf -Northern Bean & Tomato Medley -Multi-Grain Roll -Mixed Salad Greens -Fresh Melon	

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