

Senior Services

Alzheimer's Caregiver Support Group: Assists caregivers in learning effective strategies for managing difficult behavior and coping with the stress of their responsibilities as a caregiver

Case Management: Provided by experienced staff who conduct assessments in clients' homes in order to evaluate their needs, arrange for services to meet those needs, and monitor their situations

Friendly Visitors: Regular home visits to lonely/isolated older adults to improve their well being

Intergenerational Programs: Engages older adults with younger generations for mutual benefit

Memory Cafe: Supports residents living with dementia and their care partners through a variety of activities

Referral to Resources: Experienced staffs provide residents with valuable, unbiased referrals to resources to address short and long term needs of older adults in the community

Senior ASK: Effective and unbiased answers by phone or online that provide valuable insights, solutions, and information gathered from our long history of serving the needs of area residents.

Senior Housekeeping: Assistance with light household cleaning and maintenance projects

Senior Companion Program: Matches older adults who are homebound with stipend volunteers.

Senior Lunch: Lunch program provides a daily meal on weekdays to promote the health and well-being of older adults with a nutritional meal and informative and educational programs. The meal is available to all persons 60 years of age and older, and to their spouses, regardless of age

Shopping Service: Help for the homebound and disabled persons with grocery shopping

Successful Aging Workshops: Education workshops for older adults and caregivers

Telephone Reassurance: Telephone check-ins at specified times to assure that older adults are safe/secure

Housing Services

Case Management: Provided by experienced staff who conduct assessments to evaluate needs, arrange for services to meet those needs, and monitor situations

Home Sharing: Matches homeowners seeking to share their homes with individuals needing low-cost housing

Homelessness Prevention: Financial assistance (rent/utility) and counseling to families who are homeless or facing eviction

Referral to Resources: Experienced staff provides residents with valuable, unbiased referrals to resources to address short and long term needs adults in the community.

Transitional/Rapid Re-Housing: Housing with supportive services to help homeless individuals and families reach self-sufficiency within two years

Community Services

Employment Counseling: Assists job seekers of all ages to develop resumes, improve interviewing skills, and job search techniques

Financial and Money Management Counseling: Debt and money counseling addresses financial concerns, and helps to develop a plan for living financially secure

Income Tax Assistance: Available throughout the year: Income tax questions, preparation of basic tax returns

Legal Counseling: Powers of Attorney, Wills, and general legal advice

Medicare, Insurance and Senior Health Insurance Counseling (SHIP): Provides assistance with Medicare, Senior Health Insurance Program (SHIP), insurance options, and aids in selecting Medicare Supplement, Medicare Prescription and Long-Term Care policies

Senior Humanities: Older adults' discussion group