

sSunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	<b>Explanation of Health 3 Care for Seniors</b>	<b>Bingo</b> 4	<b>Advisory Council</b> 5	<b>Bingo</b> 6	<b>Spinning Records</b> 7	8
	-Meatloaf -Mashed Potatoes & Gravy -Stewed Tomatoes -Whole Wheat Bread -Whole Orange	-Enchilada Breakfast Casserole -Hash Browns -Peach Cobbler -Juice -Banana	-Slow Roasted Beef -Au Gratin Potatoes -Harvard Beets -Dinner Roll -Mixed Fruit	Deli Menu Items!	-Turkey Pasta Salad -Lettuce & Tomato -Tri-Bean Salad -Whole Wheat Bread -Pineapple Tidbits	
9	<b>Self-Compassion 10 Presentation</b>	<b>Reduced Fare &amp; Ride</b> 11 <b>Free Presentation</b>	<b>Company Day</b> 12 <b>(Nursepower Companion Care Services)</b>	<b>Bingo</b> 13	<b>Bingo</b> 14	15
	-BBQ Riblet -Baked Potato -Parslied Cauliflower -Wheat Bun -Mixed Fruit	-Italian Sausage -Scalloped Potatoes -Brussels Sprouts -Dinner Roll -Fresh Melon -Juice	-Jambalaya -Rice & Red Peppers -Broccoli -Corn Bread -Chilled Pears	-Dilled Tuna Sandwich -Lettuce & Tomato -Beans & Carrots -Wheat Bun -Chilled Peaches -Fresh Melon	-Chicken Marbella -Rice Florentine -Country Blend Veggies -Whole Wheat Bread -Whole Orange	
16	<b>*Off-Site*</b> 17	<b>Craft Day</b> 18 <b>(Bird Feeders)</b>	<b>Blood Pressure</b> 19 <b>Screening</b>	<b>Bingo</b> 20	<b>*Off-Site* TBD</b> 21	22
	-Kielbasa -Dilled Red Potatoes -Bean Casserole -Rye Bread -Fruit Cup <b>First United Methodist Church</b>	-Orzo Chicken Salad -Salad Greens -Tomato Wedges -Multi-Grain Bread -Pineapple Tidbits	-Spinach & Swiss Soufflé -Potato Hash -Fruit Cup -Corn Bread -Fresh Orange	Deli Menu Items!	-Potato Crusted Fish Filet -Au Gratin Potatoes -Coleslaw -Whole Wheat Bread -Hot Applesauce	
23	24	25 <b>Bingo</b>	<b>Historic Methodist</b> 26 <b>Campground Presentation</b>	<b>Bingo</b> 27	<b>Trivia Pursuit</b> 28	29

	<ul style="list-style-type: none"> <li>-Meatball Sub</li> <li>-Potatoes Italiano</li> <li>-Italian Green Beans</li> <li>-Soft Hoagie Roll</li> <li>-Whole Orange</li> </ul>	<ul style="list-style-type: none"> <li>-Salisbury Steak</li> <li>-Mashed Potatoes &amp; Gravy</li> <li>-Cabbage &amp; Carrots</li> <li>-Multi-Grain Bread</li> <li>-Ranger Cookie</li> <li>-Whole Apple</li> </ul>	<ul style="list-style-type: none"> <li>-Ham &amp; Turkey Club</li> <li>-Focaccia Flat Bread</li> <li>-Lettuce &amp; Tomatoes</li> <li>-Pea Salad</li> <li>-Pineapple Tidbits</li> </ul>	<ul style="list-style-type: none"> <li>-Chicken &amp; Dumplings</li> <li>-Garden Vegetables</li> <li>-Corn &amp; Black Bean Salad</li> <li>-Dinner Roll</li> <li>-Hot Glazed Apples</li> <li>-Banana</li> </ul>	<ul style="list-style-type: none"> <li>-Veal Parmesan</li> <li>-Penne Pasta Marinara</li> <li>-Broccoli</li> <li>-Wheat Vienna Bread</li> <li>-Fresh Melon</li> </ul>	
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# “Lunch with Us” June 2019

