

# Center of Concern

The Center of Concern's mission is to provide housing solutions, support services, and counseling for older adults, people with disabilities, and others in need, enabling them to live with dignity and independence.

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## Senior Services

*Case Management:* Social workers provide assessments to evaluate needs, arrange for services, and monitor ongoing wellness

*Referral to Resources:* Experienced case managers provide valuable, unbiased referrals to resources to address short and long term needs for older adults in the community

*Friendly Visitors:* Regular home visits to isolated and lonely older adults improve their well-being

*Intergenerational Programs:* Older adults and younger generations engage for mutual benefit

*Senior ASK:* Clients receive effective and unbiased answers by phone or email that provide valuable insights, solutions, and information gathered from our long history serving the needs of area residents

*Senior Companionship:* Volunteers and older adults who are homebound or in live-in facilities are matched for mutual companionship

*Lunch With Us:* This weekday lunch program provides daily meals to promote the health and well-being of older adults in the community through nutritious food and informative educational programs. The meal is available to all people 60 years of age and older, and to their spouses regardless of age.

*Shopping Service:* Volunteers assist older adults who are homebound or who have disabilities with regular grocery and pharmacy shopping needs

*Successful Aging Workshops:* Quarterly workshops for older adults and caregivers provide knowledge on relevant topics

*Senior Humanities:* Discuss topics related to aging in a group setting

*Telephone Reassurance:* Volunteers provide telephone calls every day at specified times to assure that older adults are safe and well

*Chore Housekeeping:* Clients receive assistance with light household cleaning and maintenance projects such as meal preparation, laundry, and yard work

*Senior Health Insurance Counseling (SHIP):* Trained counselors provide assistance with Medicare, Medicare supplement, long-term care insurance, Medicare HMOs, fee-for-service, and other health insurance options

*Senior Housing Counseling:* Staff present older adults and their families with care options, counseling, and referrals

## Housing Services

*Homelessness Prevention:* Community members can receive financial assistance for rent and utilities and counseling if facing homelessness or eviction

*Home Sharing:* Homeowners and individuals needing low-cost housing are matched for mutual benefit

*Case Management:* Social workers provide assessments to evaluate needs, arrange for services, and monitor situations

*Referral to Resources:* Case Managers provide residents with valuable, unbiased referrals to resources to address short and long term needs

*Transitional and Rapid Rehousing:* Supportive services help individuals and families who are at risk of or experiencing homelessness reach self-sufficiency within two years

## Community Services

*Alzheimer's Support Group:* Caregivers learn effective strategies for managing behavior and coping with the stress of their responsibilities

*Income Tax Assistance:* Accountants are available year-round to answer income tax questions and help with preparing basic tax returns

*Blood Pressure Testing:* Monthly blood pressure testing is provided by registered nurses

*Employment Counseling:* Counselors assist job seekers of all ages to develop resumes, improve interviewing and job search skills, and develop a potential career path

*Energy Assistance Program:* Counselors provide education on smart grid technology to manage energy use and other energy saving programs

*Legal Counseling:* Professional attorneys provide general legal assistance and advice for power of attorney, healthcare, property, or will preparation

*Financial and Money Management Counseling:* Debt and budget counseling address financial concerns and help to develop goals and plans for living financially secure