Lunch With Us promotes the health and well-being of older adults in the community by providing nutritious meals and a variety of educational and informational programs. Meals are provided daily at Messiah Lutheran Church in Park Ridge or by once weekly curbside pickups at the Center of Concern in Des Plaines.

This weekday meal program is for adults 60 and older and their spouses, regardless of age.

**Curbside lunch pickup** is available each Monday from 9:00 AM to 12:00 PM at the Center of Concern (1665 Elk Blvd, Des Plaines).

**Join in-person for lunch** Tuesday, Wednesday, Thursday, and Friday each week from 12:30 to 2:30 PM at Messiah Lutheran Church (1605 Vernon Ave, Park Ridge).

**RSVP for your curbside or in-person meals by calling Patrick at 224-585-4382**

A $2.00 donation per meal is greatly appreciated!