

September 2022

*All menu items subject to change at Caterer's discretion.

*Some items not included in frozen format

Vegetarian

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Bread Chick'n Patty Citrus Brown Rice Oriental Vegetables Ginger Cabbage Slaw Mandarin Orange Jello Fortune Cookie	2 Vegetarian Chick'n with Shell Rigate Lettuce & Tomato Tri-Bean Salad Whole Wheat Bread Pineapple Tid Bits
5 Cornmeal Flounder Baked Potato Parslied Cauliflower Rye Bread Mixed Fruit	6 Pork Style Crumble Marinara Scalloped Potatoes Brussel Sprouts Wheat Sausage Bun Fresh Melon	7 Chick'n BBQ Cheesy Mashed Potatoes Broccoli Wheat Sandwich Bun Chilled Pears	8 Dilled Tuna Salad Sandwich Lettuce & Tomato Garbanzo & Kidney Bean w/ Slivered Carrots Wheat Kaiser Banana	9 Eggplant Marbella Rice Florentine Country Blend Whole Wheat Bread Whole Orange
12 Vegetarian Hot Dog Dilled Red Potatoes Bean Casserole Rye Bread Fruit Cup	13 Rotini Chick'n Salad Mixed Salad Greens Herbed Tomato Wedges Multi-Grain Bread Pineapple Tid Bits	14 Spinach & Swiss Souffle Potatoes O'Brien Fruit Cup Blueberry Muffin Bread Fresh Orange	15 Beef Style Patty Mashed Potatoes Carrots & Chives Whole Wheat Bread Chilled Peaches	16 Potato Crusted Fish Fillet Au Gratin Potatoes Cole Slaw Whole Wheat Bread Hot Applesauce
19 Vegetarian Crumble Marinara Sandwich Potatoes Italiano Italian Green Beans Wheat French Roll Whole Orange	20 Beef Style Patty & Vegetables Mashed Potatoes Cabbage & Carrots Multi-Grain Bread Mixed Fruit Oatmeal Raisin Cookie	21 Chick'n Style Club Wheat Kaiser Lettuce & Tomato Pea Salad Pineapple Tid Bits	22 Broccoli Quiche Garden Vegetables Corn & Black Bean Salad Multi-Grain Dinner Roll Hot Glazed Apples	23 Eggplant Parmesan Penne Pasta w/ Marinara Sauce Broccoli Wheat Vienna Bread Fresh Melon
26 Chick'n Ala Orange Vegetable Rice Pilaf Bean Salad Wheat Cranberry Bread Hot Peach Crumble	27 Cornmeal Flounder Oven Fries Corn Wheat French Roll Fresh Melon	28 Classic Lasagna w/ Marinara Sauce Squash Medley Italian Green Beans Whole Wheat Bread Chilled Pears	29 Surimi Crab Salad Mixed Salad Greens w/ Tomato Wedges Dilled Cucumbers Whole Wheat Bread Apple Crist Fruit Cup	30 Vegetarian Hot Dog Twice Bake Potato Casserole Peas & Carrots Wheat Hot Dog Bun Banana