

September 2022

*All menu items subject to change at Caterer's discretion.

*Some items not included in frozen format

Monday	Tuesday	Wednesday	Thursday	Friday
In-Person Lunch				
			1 Asian Glazed Chicken Citrus Brown Rice Oriental Blend Veggies Ginger Cabbage Slaw Whole Wheat Bread Mandarin Orange Jello Fortune Cookie	2 Turkey Pasta Salad w/ Shell Rigate Lettuce & Tomato Tri-Bean Salad Whole Wheat Bread Pineapple Tid Bits
5	6 Italian Sausage w/ Marinara Scalloped Potatoes Brussel Sprouts Wheat Sausage Bun Fresh Melon Juice	7 BBQ Pulled Chicken Cheesy Mashed Potatoes Broccoli Wheat Sandwich Bun Chilled Pears	8 Dilled Tuna Salad Lettuce & Tomato Garbanzo & Kidney Bean Slivered Carrots Balsamic Wheat Kaiser Banana Fruit Cup	9 Chicken Marbella Rice Florentine Country Blend Whole Wheat Bread Whole Orange
12 Kielbasa Dilled Baby Red Potatoes Bean Casserole Rye Bread Fruit Cup <i>*Low Sodium Pork</i>	13 Chicken w/ Garden Rotini Pasta Salad Mixed Salad Greens Herbed Tomato Wedges Mult-Grain Bread Pineapple Tid Bits <i>Chef Choice</i>	14 Souffle Lorraine Potatoes O'Brien Fruit Cup Blueberry Muffin Bread Whole Orange	15 Baked Meatloaf with Country Gravy Mashed Potatoes Carrots & Chives Whole Wheat Bread Chilled Peaches Fresh Melon	16 Potato Crusted Fish Fillet Au Gratin Potatoes Cole Slaw Whole Wheat Bread Hot Applesauce
19 Meatball Marinara Sub Sandwich Potatoes Italiano Italian Green Beans Wheat French Roll Whole Orange	20 Salisbury Steak Mashed Potatoes with Gravy Cabbage & Carrots Mult-Grain Bread Mixed Fruit Oatmeal Raisin Cookie	21 Roasted Turkey Break Wisconsin Cheddar Wheat Kaiser Lettuce & Tomato Pea Salad Pineapple Tid Bits	22 Chicken with Mini Dumplings Garden Vegetables Corn & Blackbean Salad Mult-Grain Dinner Roll Hot Glazed Apples Banana	23 Veal Parmesan Penne Pasta with Marinara Sauce Broccoli Wheat Vienna Bread Fresh Melon
26 Chicken A La Orange Vegetable Rice Pilaf Bean Salad Wheat Cranberry Bread Hot Peach Crumble	27 French Dip of Beef w/ Mushrooms & Onion Oven Fries Corn Wheat French Roll Fresh Melon <i>Chef Choice</i>	28 Classica Lasagna with Meat Sauce Squash Medley Italian Green Beans Whole Wheat Bread Chilled Pears	29 Surimi Crab Salad Mixed Salad Greens with Tomato Wedges Dilled Cucumbers Whole Wheat Bread Apple Crist Fruit Cup	30 Hot Dog Twice Bake Potato Casserole Peas & Carrots Wheat Hog Dog Bun Banana <i>*Pulled Pork w/ Light BBQ Sauce</i>