

January 2023

*All menu items subject to change at Caterer's discretion.

*Some Items not included in frozen format

Vegetarian

Monday	Tuesday	Wednesday	Thursday	Friday
2 HOLIDAY	3 Spaghetti & Marinara Sauce Mixed Salad Greens Multi-Grain Bread Warm Peach Cobbler	4 Flame Grilled Patty w/ Mediterranean Sauce Scalloped Potatoes Brussel Sprouts Multi-Grain Bread Apple Sauce	5 Chix Patty Mashed Potatoes Cauliflower & Red Peppers Wheat Bread Mandarin Oranges	6 Citrus Alaskan Pollock Vegetable Rice Pilaf Country Blend Vegetable Multi-Grain Dinner Roll Chick Pea Salad Fresh Melon
9 Black Bean Patty Mashed Potatoes Peas & Carrots Wheat Bread Fresh Orange	10 BBQ Veggie Riblet Oven Fries Corn & Black Beans Wheat Sandwich Bun Whole Apple	11 Sliced Veggie Chix Cheddar Ale Sauce Vegetable Rice Pilaf Broccoli Chef's Fruit Biscuit Oatmeal Raisin Cookie	12 Veggie Strata Bake Hash Browned Potatoes Maple Glazed Pears Raisin Bread Cranberry Juice Banana	13 Egg Plant Parmesan Penne Pasta w/ Marinara Squash Medley Wheat Vienna Chilled Peaches
16 HOLIDAY	17 Chix Patty Mashed Potatoes Broccoli Multi-Grain Bread Fresh Orange Chocolate Pudding	18 Vegetarian Texas Chili Mac & Cheese Country Blend Vegetable Multi-Grain Bread Fruit Cup	19 Beef Style Patty Scalloped Potatoes Stewed Tomatoes Multi-Grain Bread Chilled Pears	20 Baked Pollock w/ Lemon Butter Sauce Baked Potato California Blend Wheat Bread Vanilla Mandarin Pudding
23 Black Bean Patty Mashed Potatoes Brussel Sprouts Multi-Grain Bread Chilled Pears Cookie	24 Chick'n Nuggets Baked Potato Peas & Carrots Multi-Grain Bread Chef's Fruit	25 Spaghetti & Marinara Sauce Broccoli Wheat Vienna Chilled Pears	26 Chick'n Grill Bread Stuffing Sweet Potato Mashed Northern Bean & Tomato Medley Cranberry Applesauce	27 Surimi Crab Alfredo Penne Pasta Zucchini w/ Red Peppers & Onions Chef's Choice Vegetable Multi-Grain Dinner Roll Fruit Cup
30 Beef Style Patty Cauliflower Mashed Potatoes Mixed Vegetables Whole Wheat Roll Pineapple Tid-Bits	31 Fish Sandwich Oven Fries Carrot Raisin Salad Wheat Sandwich Bun Warm Peach Crumble			



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